



CERTIFICATE OF PARTICIPATION

This is to certify that

Jaco Nel

Has successfully participated & completed the

23km Cradle Escape - Adventure (7am)

held at Cradle Moon Lodge.

TIME 01:36:22

PACE 14.32km/h

OVERALL 9 of 43

GENDER 9 of 40

VETERAN 3 of 17

12 September 2020, Sat

Date



BoutTime

Signature

